

**Life in the Gospel: Truth and Love
Memory and Meditation Projects**

Foundational Sections (1-9)

I John 4: 1-21

Section 1: Test the spirits.

¹*Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world.*

²*Hereby know ye the Spirit of God: Every spirit that confesseth that Jesus Christ is come in the flesh is of God:*

Section 2: God is greater than the world.

³*And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that spirit of antichrist, whereof ye have heard that it should come; and even now already is it in the world.*

⁴*Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.*

Section 3: We are of God.

⁵*They are of the world: therefore speak they of the world, and the world heareth them.*

⁶*We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error.*

Section 4: God is love.

⁷*Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God.*

⁸*He that loveth not knoweth not God; for God is love.*

⁹*In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him.*

Section 5: God's love is displayed.

¹⁰*Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins.*

¹¹*Beloved, if God so loved us, we ought also to love one another.*

¹²*No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us.*

Section 6: God dwells in us.

¹³*Hereby know we that we dwell in him, and he in us, because he hath given us of his Spirit.*

¹⁴*And we have seen and do testify that the Father sent the Son to be the Saviour of the world.*

¹⁵*Whosoever shall confess that Jesus is the Son of God, God dwelleth in him, and he in God.*

Section 7: Love is made perfect.

¹⁶*And we have known and believed the love that God hath to us. God is love; and he that dwelleth in love dwelleth in God, and God in him.*

¹⁷*Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world.*

Section 8: Love casts out fear.

¹⁸*There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love.*

¹⁹*We love him, because he first loved us.*

Section 9: Love one another.

²⁰*If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen?*

²¹*And this commandment have we from him, That he who loveth God love his brother also.*

Memory Projects

Section 10: False Prophets

- **Acts 20:29-30**

For I know this, that after my departing shall grievous wolves enter in among you, not sparing the flock. Also of your own selves shall men arise, speaking perverse things, to draw away disciples after them.

- **II Peter 2:1**

But there were false prophets also among the people, even as there shall be false teachers among you, who privily shall bring in damnable heresies, even denying the Lord that bought them, and bring upon themselves swift destruction.

Section 11: Deity of Christ

- **Colossians 1:15-17**

Who is the image of the invisible God, the firstborn of every creature: For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him: And he is before all things, and by him all things consist.

- **Philippians 2:6**

Who, being in the form of God, thought it not robbery to be equal with God:

Section 12: Humanity of Christ

- **John 1:14**

And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

- **I John 1:1-2**

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon, and our hands have handled, of the Word of life; (For the life was manifested, and we have seen it, and bear witness, and shew unto you that eternal life, which was with the Father, and was manifested unto us;)

Section 13: God dwelling in us

- **John 17:23**

I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me.

- **John 17: 26**
And I have declared unto them thy name, and will declare it: that the love wherewith thou hast loved me may be in them, and I in them.
- **Galatians 2:20**
I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me.

Section 14: Power through the Holy Spirit

- **Acts 1:8**
But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth.
- **Galatians 5:16**
This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.
- **Romans 8:11**
But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

Section 15: Worldliness

- **1 John 2:15-17**
Love not the world, neither the things that are in the world. If any man love the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh, and the lust of the eyes, and the pride of life, is not of the Father, but is of the world. And the world passeth away, and the lust thereof: but he that doeth the will of God abideth for ever.
- **James 4:4**
Ye adulterers and adulteresses, know ye not that the friendship of the world is enmity with God? whosoever therefore will be a friend of the world is the enemy of God.

Section 16: Love of God towards us

- **Romans 5:8**
But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.
- **Romans 8:38-39**
For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, 39Nor

height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

- **1 John 3:16**

Hereby perceive we the love of God, because he laid down his life for us: and we ought to lay down our lives for the brethren.

Section 17: Love for God

- **John 14:21, 23**

He that hath my commandments, and keepeth them, he it is that loveth me: and he that loveth me shall be loved of my Father, and I will love him, and will manifest myself to him. Jesus answered and said unto him, If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him.

- **Matthew 22:37-38**

Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment.

Section 18: Love towards others

- **1 Corinthians 13:4-8**

Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things. Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

Section 19: Fear of man

- **Psalms 34:4**

I sought the LORD, and he heard me, and delivered me from all my fears.

- **II Timothy 1:7**

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

- **Proverbs 29:25**

The fear of man bringeth a snare: but whoso putteth his trust in the Lord shall be safe.

- **Isaiah 41:10**

Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea I will help thee; yea, I will uphold thee with the right hand of my righteousness.

Section 20: Fear of God

- **Ecclesiastes 12:13**
Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man.
- **Proverbs 9:10**
The fear of the LORD is the beginning of wisdom: and the knowledge of the holy is understanding.
- **Proverbs 23:17**
Let not thine heart envy sinners: but be thou in the fear of the LORD all the day long.